

*After Lament: Psalms for Learning to Trust Again*

Session II

*Which way do we go?*

*Answer #1 – The Wheel of Lament*

Recap: Session I

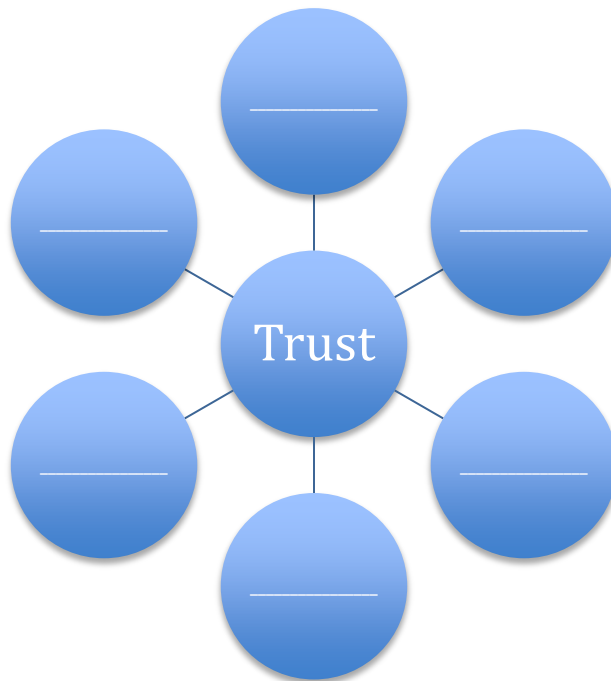
1. Lament sets the form for language within crisis
2. Language within Lament establishes/strengthens relationship with God. This relationship enables us to move beyond lament.
3. Like a concrete foundation, we need to give Lament time to “set-up” (harden) for it to be a strong foundation that we can build on.
4. The first move beyond Lament: Trust (not thanksgiving)

What comes after trust? *It all depends... the “Wheel of Lament”*

Depends in part – \_\_\_\_\_

Depends in part – \_\_\_\_\_

Depends in part – \_\_\_\_\_



Spoke #1: Trust and Confidence

Laments leading to Trust: (*almost all laments*)

Psalms of Trust: 11, 16, 18, 20, 23, 27, 41, 46, 91, 121, 125, 131

Spoke #2: Thanksgiving

Laments leading to Thanksgiving: 7, 26, 28, 44, 56, 57, 79, 108, 109, 140, 142

Psalms of Thanksgiving: (18), 30, 41, 92, 107, 116, 118, 124, (136), 138

Spoke #3: A New Hallelujah

Laments leading to Praise: 22, 59, 69, 71

Praise in Lament, no matter what: 9-10, 61

Praise in Lament, if God will act: 42-43 (63, 144), 102

Psalms of New Praise: 33, 68, 76, 103, 113, 135, 136

Spoke #4: Rejoicing in the Lord

Laments leading to rejoicing: 9, 13, 31, 35, 38, 42-43, 58, 64, 70, 71, 137

Psalms of Joy: 65, 96, 97, 98,

Spoke #5: Instruction

Laments that ask God to teach the speaker: 25, 27, 51, 86, 90, 119\*, 143

Psalms of Instruction: 32, 73, 127, 133

Spoke #6: Broken Hope

Laments that lack a move toward hope: 39, 88, 44, 89

Learning to live with hope lost