

After Lament: Psalms for Learning to Trust Again

Session I

Breaking Bad, Breaking Free, and Breaking Away –
The Struggle to Move Beyond Lament

Item One: *The single greatest concern when we say the word “Lament”:* _____.

Item Two: *The single greatest “thing” for moving beyond Lament: A Foundation*

1. Setting the forms.

Misunderstanding: _____

Corrected: _____

a. _____

b. _____ (with literary restraints)

1) Address to God

2) Complaint

3) Requests

4) Motivation

5) Confidence/Praise

2. Pouring the concrete.

3. Letting the concrete set: a series of texts to consider

2 Corinthians 12:7-10

Deuteronomy 3:23-26

Mark 14:32-42

Observations: *When is it time to remove the forms and start building?*

#1 _____

#2 _____

Item Three: *The First Step beyond lament*

- Looking back with fond memories...

- Then where do laments drive us? (4 “points”)

Point #1: Laments drive us to _____

Point #2: Let the reader decide – is this conclusion _____ ?

Point #3: When lament is over and we are disappointed with God,
whatever comes next demands _____ - and the
laments try to get us there before it is too late.

Point #4: So one more reason and one more appeal: _____
